

11 THINGS YOU NEED TO THROW AWAY

☐ **OLD MAGAZINES**

Get rid of old magazines you have lying around because chances are, you aren't going to read them again.

☐ **RECEIPTS, BILLS, AND DOCUMENTS**

Throw away receipts for items that you aren't planning on returning and ones that you won't need to use come tax time.

☐ **CLOTHES**

Use the two-year rule for clothes – get rid of apparel that you haven't worn in two years.

☐ **BOOKS**

Go through your bookshelf and gather together books you haven't touched in months and ones that you aren't planning on rereading.

☐ **MEDICINE AND VITAMINS**

Take a look at your medicine closet and clear out drugs that have expired, medicine that has sat on your shelf for too long, or anything you no longer use.

☐ **MAKEUP AND PERFUME**

Go through your beauty cabinet and get rid of makeup that's too old or that you don't use.

☐ **JEWELRY**

Go through your jewelry and dispose of the broken costume jewelry, and make plans to sell anything you don't wear.

☐ **FOOD**

Go through your pantry and fridge and clear out items that need to be thrown out – the old, unused, and rotting.

☐ **SOME MEMORABILIA**

Many organizing experts advise to be ruthless and throw away memorabilia like cards and gifts you don't use.

☐ **NOTEBOOKS**

If you have a ton of notebooks lying around, take a look at them and throw out the ones you no longer need.

☐ **OLD OR UNUSED ELECTRONICS**

Sell your electronics on Gazelle.com or Nextworth.com.